



E-mail/Most Immediate

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27 May 2015

From : Indembassy Kuwait

To : Foreign New Delhi

Director (XPD) from DCM

Rptd : JS(XP)/ DDG(ICCR)/JS(Gulf)/US(XPD)

Sub: Celebration of 1st International Day of Yoga (IDY) on 21.6.2015

Reference email dated 21 April 2015 regarding organising 1st International Day of Yoga (IDY) on 21 June 2015.

2. As desired, the requisite information in respect of Embassy of Kuwait is given below :

A. Activities: (i) The Embassy will kick-start the celebrations with a practice session on 1 June 2015 at the Embassy Auditorium which will be attended by India-based staff, Indian community and Yoga followers. A brief discussion on key features of IDY 2015 will be given by the Ambassador and members of the three foundations based in Kuwait (Isha Foundation, Art of Living and Harmony House). DVDs and fliers will be given to the participants.

(ii) Subsequent Practice session will be held on 12 June 2015 (Friday) from 0830 hours for the benefit of the India-based members and their families. Invites have been sent to all Indian PSUs, Indian Associations, prominent Indians in Kuwait, and Principals of 20 Indian schools to join in the mega practice session. Press Release will be released after the session and photos will be uploaded on the website and sent to the Ministry.

(iii) DVDs on Common Yogic Protocol are being prepared and will be ready for distribution soon.

